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November 21, 2013

Hi all you hard working Medical Students, Residents and Fellows. This brief bulletin will be sent to you periodically with some key reminders about what we can do for you in Medical Education at UHN and MSH, and what you need to keep in mind to be productive, engaged, safe and patient-centred learners and providers. PESPLAPs ☺ - A tall order !

- Don't forget to sign up for your **ONE MAIL Account** if you haven't already. This is becoming more of an asset as many hospital systems will be relying on a secure hospital type email account for access. ALSO, you don't have to keep changing it, you can take it wherever you go! It can be used for secure exchange of personal health information about patients with others who have a ONE MAIL account or official Hospital email account. **If you did not receive an email invitation within a month of starting your academic year, or if your invitation has expired and you would like to re-activate it, contact the Faculty of Medicine at onemail.help@utoronto.ca.** Link to FAQ about ONE MAIL.
<http://dc.med.utoronto.ca/content/utmail-and-one-mail-direct-faq>
- **SHHHH!** Don't forget, not only in elevators, but also on the shuttle buses, corridors and eating areas, be careful when discussing interesting patient stories or procedural challenges you have had that day. Even though patients names are not mentioned, patients can be really upset by things that we MDs think is pretty generic talk.
- **LOST YOUR ID BADGE OR SECURITY ACCESS CARD?** Report loss immediately to security at MSH (5056) and UHN (4111). As the UHN issued badges have card access to many areas in the hospital, it's important to deactivate lost badges immediately.
- **ACCESS TO CARD ENTRY AREAS**— we are aware that some of you have had difficulty with access to certain clinical units, we are working hard to resolve these problems with security. Please let the med ed staff know if you have a problem with access.
- **LOCKER ROOMS**—Don't forget, there are designated locker areas for medical students and residents in the hospitals. If you leave your belongings in other spots, sadly things will go missing. Mount Sinai recently gave the locker room on Floor 1 a facelift. Check it out.
- **UHN Mack Foundation Bursary** - A Travel bursary for PGY 1, 2 or 3s is available for UHN residents twice yearly to attend a meeting at which you are presenting a poster or session. Next deadline January 31, 2014. <http://wbacademy.utoronto.ca/important-announcements> Recipients for the Fall competition were: P.Kudlow, D.Berger Richardson, V. Sivabalasundaram, and N. Uppa.

