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## A Word from the Academy Director

This is our second edition of the WBnews and I hope you enjoy our attempt to keep you up to date with our wonderful Academy. In the past few months I have been part of the Faculty's Task Force on Medical Academies resulting in an extensive review of the Academy system which I am pleased to report continues to be a unique strength of the Faculty of Medicine in the delivery of the undergraduate curriculum. The Academies are poised to have an expanded role in helping to integrate our growing number of community affiliates and specialty hospital partners with our traditional academic teaching hospital sites in providing student centred medical education which ensures that all students are offered a diverse and comparable set of learning environments to meet their needs and the future needs of our communities and our health care system. Our Academy will be called on to articulate the unique clinical learning opportunities available for our

students, to establish a closer relationship with our contributing clinical departments, and to develop a value proposition for teaching faculty members and each institution which is associated with our Academy. We will be working to develop more formal arrangements with the partners which make up our academy. When initially structured, the Wightman-Berris was comprised of the UHN and MSH. One of our newer contributors to our educational mission comes from our relationship with Toronto East General Hospital which has been a wonderful site to introduce students to community care experiences in the eastern heart of our city in addition to our well established tertiary care experiences. In this edition, Dr. Marcus Law tells us what students can expect when they go to TEGH for clinical experiences.

*Jackie James MED MEd FRCPC Editor  
Wightman-Berris Academy Director*

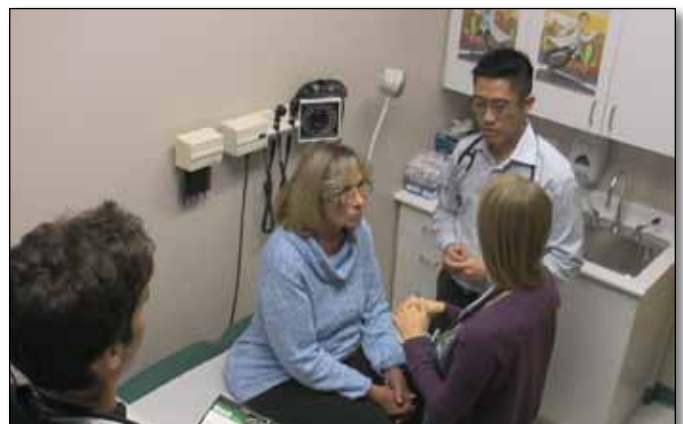
## Profile

### Wightman-Berris Academy at Toronto East General Hospital

*By Marcus Law MD MBA CCFP, Director of Medical Education TEGH*

In 2005, WB students began going to TEGH to do ASCM (The Art and Science of Clinical Medicine). There are currently two groups of six students doing ASCM 1 and two groups doing ASCM 2. Fifty-five DOCH 2 (Determinants of Community Health) research projects have been conducted at TEGH since 2006. There are also a growing number of clerkship rotations in Anaesthesia, Emergency Medicine and Obstetrics and Gynaecology.

The Toronto East General Hospital (TEGH) is a regional, acute care hospital that provides an extensive range of primary, secondary and tertiary population-based programs and services. TEGH serves a very large and fascinating, culturally diverse community. It is a community that has seen a burgeoning re-growth of young families combining



pediatrics and obstetrics with a large elderly population that lends to a challenging and rewarding medical experience. At present, TEGH serves over half a million people living in the Borough of East York, Southwest Scarborough, and East Toronto.

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TEGH is an excellent place for training. Medical students are always well supported, and education remains a focus for each department. TEGH's friendly staff and community focus have helped create an open atmosphere where learners are appreciated, encouraged, and welcomed. Our tutors are generalists and specialists and our family practice residents have been very involved in teaching ASCM. One of our recent students wrote, "By travelling a few short subway stops away from the downtown core, I received a terrific introduction to clinical medicine that left me well equipped for clerkship and beyond. Passionate teachers, interesting patients and the chance to learn in clinic, on the ward and even in patient

homes, are strengths of the TEGH program that make it particularly unique. Given the positive experience I had during ASCM in first year, it's no coincidence that I have made a point of returning to TEGH in each of my remaining years of medical school."

TEGH offers all the learning opportunities of a downtown hospital in a more personal, community setting where student teaching is a priority. By offering the best of both worlds, being a student at TEGH is a great chance to gain important skills and have fun at the same time!

## News

### The Annual Wightman-Berris Holiday Party

The WB Holiday Party held on December 8, 2010 was a smashing success. Students from all four years, educational coordinators, and tutors gathered to welcome the holiday season and share some good cheer. Dr. Jackie James entertained the crowd with a song she composed along with 4th year clinical clerk Hanmu Yan and her son Luke Robinson to honour the Wightman-Berris Academy entitled "Not an ordinary word about me, Cause I did my ASCM and DOCH at the WB."



## News

### Golden Stethoscope Awards

At the WB Holiday Party, six outstanding students were presented with Golden Stethoscope Awards. These awards are presented to students nominated by their third year clerkship supervisors for admirable physician qualities exemplified by compassion, caring, altruism, academic excellence and the ability to go above and beyond. The person you would most want to walk into your room if you were a patient. This year's winners were:

**Katie Armstrong**

"Warm bedside manner, which allows patients to open up to her easily"

**Romy Cho**

"Demonstrates real interest and is truly patient-centred"

**Imran Jivraj**

"Excellent communication with patients and passionate about the psychosocial aspects of care"

**Ingrid Morgan**

"Always interested in the human side of illness"

**Julia Sharp**

"Develops a special bond with her patients based on trust, empathy and advocacy on a routine basis"

**Sarah Troster**

"A warm individual who always goes the extra mile to help patients, families and colleagues"

### Harvey

Harvey the Cardiac simulator who resides at the Helliwell Centre will be welcoming his twin brother at the Cooper Centre in April. Harvey is the patient who never says that he is feeling unwell to see students! Staff are encouraged to sign up for training so that they can bring students and residents to learn how to recognize murmurs and improve their ability to identify clinical features of both common and rare cardiovascular conditions. Harvey is now being used for core curriculum in the medicine clerkship and by a city wide group of educators studying the benefits of adding simulation to the teaching and learning of clinical skills. Student reps who would like to take responsibility for bringing other students to practice their auscultation skills with Harvey may also be trained to be a student demonstrator. They will be shown how to use Harvey with the care and respect he needs to keep him in good shape and volunteering!



Please contact

Anne Marie Holmes [annemarie.holmes@uhn.on.ca](mailto:annemarie.holmes@uhn.on.ca) to arrange a demonstrator training session.

## News

### A Farewell Message from WB Class of 1T1 Reps

Dear fellow WBers,

As another year draws to a close, we had a few parting words to share:

(Inspired by The Beatles)

Please feel free to listen to the song on YouTube and sing along

Yesterday,  
All our dreams they seemed so far away,  
Now that Match Day's done we're here  
to say,  
Oh we will be like those on "Grey's".

Suddenly,  
All those clerkship days at W-B,  
With Harvey sim-man talking to me  
Oh have to end so hastily

Why we  
Have to go and become, R1s someday  
Means the  
blue shuttle, will no longer come my way

Yesterday,  
I knew where the Timmies was always  
Now I need to find a brand new way  
Oh I believe in my dismay

Why we  
Have to go and become, R1s someday  
We won't  
e'er forget, the foodcourts and lack of  
pay.

Yesterday,  
We were W-B clerks we're proud to say,  
But time has come to shout hooray,  
Our futures now are underway.

(And for a slow finish... )  
But W-B memories are here to stayyyyyy.



(And for a slow finish... )  
But W-B memories are here to  
stayyyyyy.

**Wishing everyone all the best in  
their future endeavours,  
2011 1T1 WB Reps**

## Upcoming Events

**WB Teaching Award Ceremony** – Thursday May 12, 5-6:30 pm Mount Sinai Auditorium 18th Floor.

Our Guest Speaker Viren Naik MD MEd FRCPC

Medical Director, University of Ottawa Skills and Simulation Centre

“See One, Sim One, Do One -- A New Paradigm for Medical Education”

**Clership Farewell Luncheon** – Thursday April 7 – Helliwell TGH Med Ed seminar rm 1

## Of Note!

### Nominate Teachers and Supervisors for WB Teaching Awards!

#### Deadline: April 18, 2011

- Students should nominate those outstanding tutors and supervisors they have for these all important awards.
- Any faculty member may be nominated who teaches on behalf of the Wightman-Berris Academy.
- Two students are required to nominate teachers of medical students or residents. One student is required to nominate an Allied Health preceptor.
- Nomination Forms are available in all our Med Ed Offices
- Use the following categories as a guideline for documenting the educational abilities of the nominee. Be sure to include specific examples of how the nominee demonstrates these attributes and how this teacher has made a notable difference to your education. Add additional comments which demonstrate qualities important to you as a student which may not be included in this list.
  1. The ability to enhance learning
  2. The ability to teach effectively
  3. The ability to stimulate critical thinking
  4. Leadership, mentoring and role-modeling
  5. The ability to encourage scholarly activities

### Student Absences and Petitions for Consideration

- If students need to be away for unplanned reasons, they are reminded to communicate their absence using the email address [urgentcommunication.ume@utoronto.ca](mailto:urgentcommunication.ume@utoronto.ca). An Auto Reply message will be sent to the student reminding them to complete a Petition For Consideration if absence is longer than 3 days.
- Students should also let their immediate clinical supervisor know about the absence.

### Peer to Peer Mentorship

The Academy will be linking a group of 8 students from each of the four years electronically. We hope that this will promote communication between the years and serve as a way that our more junior students can get some mentorship and advice from the more senior students on things like electives, career exploration etc.

## Academy Challenge

On a chilly Wednesday afternoon the enthusiastic students at WB were "DARED to BARE their UNDERWEAR!" The inter-academy council charged students to come up with a dare to raise money and awareness for the Stephen Lewis Foundation for AIDS. Over 35 students decided to make the chilly run around King's College Circle in their underwear or other weather inappropriate clothing as their dare. On-lookers were treated to a large contingent of medical students dressed (or undressed) in red and white the official colours for AIDS awareness. After completing their dare the students were all treated to some hot chocolate and good company before resuming their afternoon classes.

In total the event raised \$234.39 and got AIDS awareness on everyone's minds.



## Current Standings:

Fitzgerald: 1500 points

Wightman-Berris: 900 points

Peters-Boyd: 900

## Wighman-Berris tied for 2nd! Go team!!

## Teaching and Learning Tips from Vicky Nguyen 1T4 WB Rep

1. See one (Tutor demonstrates the whole procedure, telling what and why, students watch and take notes)
2. Do one with instruction (Tutor verbally instructs student and go step by step while the student goes through the procedure)
3. Do one with verbalization (Student repeats the procedure telling the instructor what they are doing and why)
4. Do one with peripheral supervision (Student repeats procedure under intermittent supervision)
5. Do one on own (Student can run to instructor for help any time)

This is successful with any type of learner, slow or fast, tactile or non.

## Contact

To submit an article, notice or comments contact  
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